



Shakes, Frappes, Blended Drinks....

Blended Juices....\$7.0

Green Power

Green botanicals, plums, passionfruit,
banana, lemon, apple

Ginseng Storm

Orange, pineapple, mango, banana, passion,
siberian ginseng

Carrot Cleanser

Carrot, ginger and apple

Purple Pulse

Blueberry, Banana, Passion Fruit, apple & orange juice

100% Apple

Blended ice and 100% apple juice

100% Orange

Blended ice and 100% Orange juice

Milk Shakes.... \$7.9 (Thick shake add \$1.0)

Banana | Caramel | Chocolate | Vanilla | Strawberry | Coffee

Iced Coffee.... \$7

(add ice cream \$.5 add whipped cream \$.5)

Iced Coffee | Iced Chocolate | Iced Mocha | Chai | Matcha

Frappes.... \$7.9

Ice blended frozen beverage....

Coffee | Green Matcha | Vanilla | Mocha | Malt | Chocolate |
White chocolate | Chai | Dirty Chai | Vanilla

Brewed Iced Tea....\$5.9

Brewed and served with, lemon, and fresh mint. Sugar syrup on the side.

Flavours– Strawberry, Lemon. Peach

Fruit Smoothies.... \$8.5

Mango Mango

Mango cheeks, mango nectar, crushed ice, milk (or milk alternative), yoghurt

Watermelon Crush

Watermelon, apple Juice, crushed ice

Banana Bender

Banana, yoghurt, crushed ice, oats, cinnamon, honey
honey, (your choice milk)

Coconut Storm

Pineapple, banana, coconut milk, yoghurt, crushed ice

Berrylicious

Blended mixed berries, apple juice, yoghurt, ice

Protein Shakes....\$8.9

Pre Work Out—Mocha

2 x Shot Coffee, Banana, Cacao, Oats, Milk, Nutella
Protein

Post Work Out—Banana bender!

Banana, Oats, Milk, Peanuts, Protein, Honey

Acai - Boost

Pure Acai Berries, Coconut water, Protein, Banana, Apple juice

Hard - Gainer

Nutella, Peanut Paste, Banana, Ice cream,
Protein, Milk

Hot Beverages Cup \$4.5 Mug \$5

Cappuccino | Latte | Flat white | Long black | Spiced chai | Piccolo | Green
matcha | Turmeric latte | Macchiato | Mocha Bullet proof \$5 | Doppio \$4.5

Syrup Flavours \$0.60

Caramel | Vanilla | Hazel Nut | Irish Cream | Mocha | Dirty Chia

Hot Chocolates Cup \$4.5....Mug \$5.0

White chocolate | Hot chocolate

Short Black / Espresso....\$4.0

Pot of Tea..... \$5.2

English Breakfast | Earl Grey | Peppermint | Chai | Honeydew melon | Chamomile
Blossom | Lemongrass & Ginger | GreenTea