



**ALTA**  
CAFÉ & CATERING

## Hot Beverages .... Cup \$5.0 Mug \$5.6

Cappuccino | Latte | Flat white | Long black | Spiced Chai  
| Piccolo | Green Matcha | Turmeric Latte | Macchiato | Mocha  
Bullet proof \$5 | Doppio \$4.5

### Syrup Flavours \$0.60

Caramel | Vanilla | Hazel Nut | Irish Cream | Mocha | Dirty Chia

### Hot Chocolates .... Cup \$5.0....Mug \$5.6

White chocolate | Hot chocolate

### Short Black / Espresso....\$5.0

### Pot of Tea..... \$5.5

English Breakfast | Earl Grey | Peppermint | Chai | Honeydew  
melon | Chamomile Blossom | Lemongrass & Ginger | GreenTea

## Blended Juices....\$7.9

### Green Power

Green botanicals, plums, passionfruit,  
banana, lemon, apple

### Ginseng Storm

Orange, pineapple, mango, banana, passion,  
siberian ginseng

## **Carrot Cleanser**

Carrot, ginger and apple

## **Purple Pulse**

Blueberry, Banana, Passion Fruit, apple & orange juice

## **100% Apple**

Blended ice and 100% apple juice

## **100% Orange**

Blended ice and 100% Orange juice

## **Milk Shakes.... \$8.9 (Thick shake add \$1.0)**

Banana | Caramel | Chocolate  
| Vanilla | Strawberry | Coffee

## **Iced Coffee.... \$7.9**

(*add ice cream \$.5 add whipped cream \$.5*)

Iced Coffee | Iced Chocolate | Iced Mocha | Chai | Matcha

## **Frappes.... \$8.9**

**Ice blended frozen beverage....**

Coffee | Green Matcha | Vanilla | Mocha | Malt | Choco-  
late |  
White chocolate | Chai | Dirty Chai | Vanilla

## **Fruit Smoothies.... \$8.9**

### **Mango Mango**

Mango cheeks, mango nectar, crushed ice, milk (or milk alter-  
native), yoghurt

### **Watermelon Crush**

Watermelon, apple Juice, crushed ice

## **Banana Bender**

Banana, yoghurt, crushed ice, oats, cinnamon, honey  
(your choice of milk)

## **Coconut Storm**

Pineapple, banana, coconut milk, yoghurt, crushed ice

## **Berrylicious**

Blended mixed berries, apple juice, yoghurt, ice

## **Protein Shakes.....\$8.9**

### **Pre Work Out—Mocha**

2 x Shot Coffee, Banana, Cacao, Oats, Milk, Nutella  
Protein

### **Post Work Out—Banana bender!**

Banana, Oats, Milk, Peanuts, Protein, Honey

### **Acai - Boost**

Pure Acai Berries, Coconut water, Protein, Banana, Apple  
juice

### **Hard - Gainer**

Nutella, Peanut Paste, Banana, Ice cream,  
Protein, Milk